

MODERN LUXURY

# HOUSTON

## *The Great* **ESCAPE**

ATLANTIS PARADISE ISLAND  
PROVES THE PERFECT BACKDROP FOR  
THE SEASON'S EASY ELEGANCE

**Men of Style**  
Houston's Sartorial Stars

# DISCOVER ULTIMATE WELL-BEING

The Sanctuary at Bluejack National,  
Where Health Meets Luxury



Bluejack National may be a world class golfer's paradise – it's home to the only private Tiger Woods designed course in the country – but there is much more to this resort-style property than fairways and tee times. Today, the private residential club, which covers almost eight-hundred acres in Montgomery, Texas, is home to an exclusive and high-profile membership that appreciates the venue's laidback luxury, community lifestyle, and family-friendly experiences. "There is a certain mystique about it, and that's deliberate," says Kristin Mitchell, Co-Chairman of Bluejack National.

This summer, the property debuted a brand new, state-of-the-art spa and wellness center called The Sanctuary that lives up to its name. Situated amidst a grove of verdant pine trees and adjacent to the tennis center, the space is a serene and tranquil east Texas retreat designed to soothe, heal, and rejuvenate the mind, body, and spirit. Residents and members alike will appreciate the wide range of amenities available, from top-of-the-line workout equipment like Pelotons, treadmills, as well as HIIT, a pilates mats, and tai chi fitness classes, to the cold plunge, hot tub, and a heated lap pool, and yoga lawns. Meanwhile, the wellness space is home to a labyrinth of expansive lounges and private treatment rooms, along with blow dry, styling, and barber stations, and a nail salon.

Between sessions, indulge in the delightful options at Molly's Café, or recharge with a coffee and a freshly pressed juice at the dedicated bar. "The Sanctuary serves as an oasis for adults," Mitchell proclaims. With its selection of massage therapies, rejuvenating body treatments, and enticing beauty services, complemented by a dynamic lineup of ever-evolving wellness and fitness programs, The Sanctuary stands as yet another reason to embrace and be a part of the Bluejack National club and community.